## Christ in our Midst

Special Religious Education

#### **Infants**

(Stage 3)

Student Handbook



Greek Orth odox Archdiocese of Australia

#### PANTANASSA MONASTERY

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## Contents

page				
8	Jesus is Baptised	1	page	
10	The Sacrament of Bapt	rism	48	God is Everywhere
12	In God's House		50	Holy Communion
14	Holy Confession		52	The Feast of the Mother of God
16	Sunday School		54	The Ten Commandments
18	The Angel and Mary		56	Saint Kosmas Aitolos
20	Great Lent		58	God's Gifts
22	Icons Help us to Pray		60	Our Priest
24	The Holy Cross		62	Prayer
26	Jonah		64	Ruth
28	Easter		66	St Luke and the Holy Bible
30	Our Grandmother		68	Marriage
32	Abraham		70	St Kosmas and Damianos
34	Saint Helen		72	The Archangels - My Angel
36	Jesus is our Friend		74	The Good Samaritan
38	The Blind Man		76	Holy Unction
40	Holy Chrism	/ (	78	The Sacraments
42	Pentecost		80	When our Lord Jesus was Born
44	All Saints			
46	Jacob			



† Archbishop Makarios of Australia

Αριθμ. Πρωτ.: 116

**MESSAGE** 

OMy dear child,

I am grateful to the Lord that one of my first tasks as your new Archbishop is to communicate with you by writing this message in your beautiful new Scripture Books.

I rejoice that many Orthodox children in Australia can attend lessons at School where you learn about our Lord Jesus Christ.

As you know Jesus loves children. My prayer is that as you grow you will feel Jesus' love for you, learn about His love for the whole world and come to know that He is: 'The way, the truth and the life'.

Each day I pray for you, for your teachers, for those who prepare these books and indeed for all the people of Australia. May I also ask you to pray for me, our Church and all the children of Australia.

In Sydney, 29<sup>th</sup> July 2019

With much fatherly love

Archbishop M A K A R I O S

of the Greek Orthodox Church in Australia

# To parents and teachers

The materials in this booklet are part of a larger program of Orthodox Christian education. It is designed for use in the home, for assistance in Sunday Schools, for special religious education in schools and for Greek language schools.

The program endeavours to cover the important aspects of our Orthodox faith. It covers the earliest years of schooling right up to high school. There are 299 separate lessons or units in the entire program.

In general terms, the five broad spiritual goals for children in this program are:

- To establish the importance of the human soul;
- To recognise that life is a great gift;
- To promote the happiness of the child;
- To foster the value of a Christian Orthodox outlook on life; and
- To encourage a sacramental life in children.

The curriculum content is comprehensive. It ranges across seven major categories:

- Church (includes history of the church, vestments of the priest)
- Worship (includes the Divine Liturgy, prayers)
- · Saints
- Our behaviour
- Feasts
- Christ (includes the life of Christ, parables and events in the New Testament)
- Old Testament

This material comprises three Infants stages, four Primary school stages and materials for junior high school. The worksheets were developed over a 30-year time period from the religious education program of the Pantanassa Monastery.

The lessons are revised on a tri-annual basis. Please feel free to draw our attention to any errors or omissions.

Users are reminded that the worksheets are not the entire lesson. The lesson must come from the heart, soul and mind of the parent or teacher. Each lesson is a unit in Orthodox Christian love. It is not merely religious information.

Note that the worksheets are not compulsory. They accompany the teaching. They should be used with discretion rather than routinely. A separate teaching manual is under preparation.

In summary, we pray that this program will be used in various ways to promote the religious and spiritual development of children in the Orthodox faith. It is now made available from the Monastery to a wider audience. All this is for the glory of God.

PANTANASSA MONASTERY September 2015

#### Prayer before Scripture class

In the name of the Father and the Son and the Holy Spirit. Amen.

Glory to you, our God, glory to you.

(Prayer to the Holy Spirit)
Heavenly King, Comforter, the Spirit of truth, present everywhere and filling all things, the treasury of good and giver of life, come and dwell in us and cleanse us from every impurity, and save our souls, Gracious One. Amen.

#### Prayer after Scripture Class

(The Lord's Prayer)

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done on earth as it is in heaven.
Give us today our daily bread,
and forgive us our sins,
as we forgive those who sin against us.
And lead us not into temptation,
but deliver us from evil.

Through the prayers of our holy Fathers, Lord Jesus Christ our God, have mercy on us and save us. Amen.

#### Προσευχή πριν το μάθημα

Εις το όνομα του Πατρός και του Υιού και του Αγίου Πνεύματος. Αμήν.

Δόξα Σοι, ο Θεός ημών, δόξα Σοι.

(Προσευχή προς το Άγιο Πνεύμα)
Βασιλεύ Ουράνιε, Παράκλητε, το Πνεύμα της αληθείας, ο πανταχού παρών και τα πάντα πληρών, ο θησαυρός των αγαθών και ζωής χορηγός, ελθέ και σκήνωσον εν ημίν και καθάρισον ημάς από πάσης κηλίδος και σώσον, Αγαθέ, τας ψυχάς ημών. Αμήν.

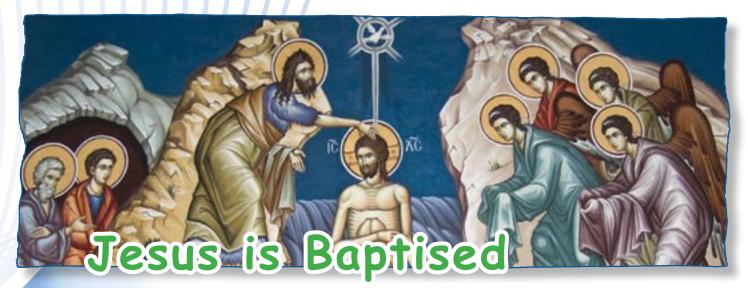
# Προσευχή μετά το μάθημα (Κυριακή Προσευχή)

Πάτερ ημών, ο εν τοις ουρανοίς, αγιασθήτω το όνομά Σου.
Ελθέτω η βασιλεία Σου.
Γενηθήτω το θέλημά Σου, ως εν ουρανώ και επί της γης.
Τον άρτον ημών τον επιούσιον δος ημίν σήμερον.
Και άφες ημίν τα οφειλήματα ημών, ως και ημείς αφίεμεν τοις οφειλέταις ημών.
Και μη εισενέγκης ημάς εις πειρασμόν, αλλά ρύσαι ημάς από του πονηρού.

Δι' ευχών των Αγίων Πατέρων ημών, Κύριε Ιησού Χριστέ ο Θεός, ελέησον και σώσον ημάς. Αμήν.

## The Symbol of Faith

I believe in one God, Father Almighty, maker of heaven and earth, and of all things visible and invisible. And in one Lord Jesus Christ. the only-begotten Son of God, begotten of the Father before all ages, light from light, true God from true God, begotten not made, of one essence with the Father; through him all things were made. Who for us and for our salvation came down from heaven. and was incarnate of the Holy Spirit and the Virgin Mary, and became human. and was crucified for us under Pontius Pilate, and suffered and was buried. and rose on the third day according to the Scriptures, and ascended into heaven. and is seated at the right hand of the Father, and will come again in glory to judge the living and the dead, and his kingdom will have no end. And in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father, who together with the Father and the Son is worshipped and glorified, and who spoke through the Prophets. In one holy, catholic and apostolic Church. I acknowledge one baptism for the forgiveness of sins. I expect the resurrection of the dead, and the life of the age to come. Amen



Jesus came to the river Jordan. He was baptised by Saint John the Baptist (Matt. 3:13-17).



Choose the letter i, e, o to fill in the blanks.



Την ημέρα των Θεοφανίων ο Ιερέας ρίχνει το Σταυρό στη θάλασσα και την αγιάζει.



Help the young boy find the cross.



Baptism is one of the most important Sacraments (Mysteries) of our Church.

S	w	е	f	r	1
b	e	1	0	η	9
q	t	0	t	h	е
С	h	u	r	С	h

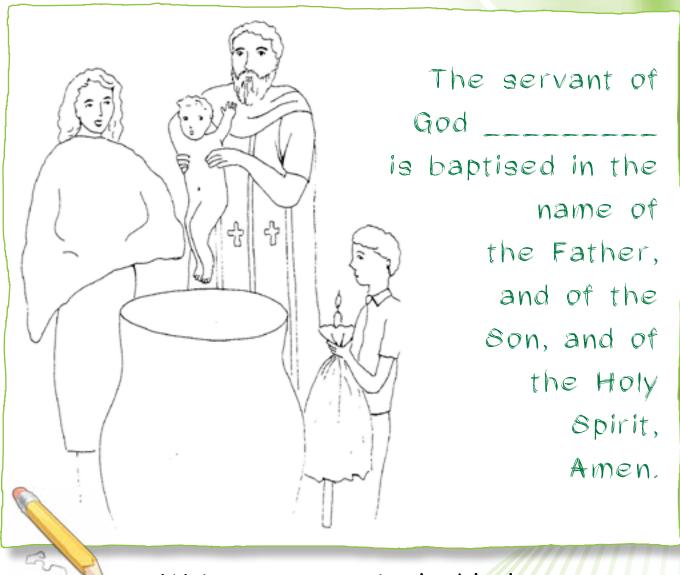
Find; belong, to, we, church, the. Circle them and make up a sentence.





Ο Ιερέας ευλογεί το νερό κάνοντας το σημείο του Σταυρού τρεις φορές.

Μετά βουτά το μωρό στο αγιασμένο νερό τρεις φορές και λέγει...



Write your name in the blank space.







- 1. \_ speak to God.
- 2. \_ chant hymns which praise God.
- 3. \_ thank Him for everything.
- 4. \_ receive the gift of Holy Communion.
- 5. \_ listen to His teachings when the Bible is read in church.

Write the word "I" at the beginning of each sentence.



Complete the sentences with the words; family, friends



Holy Confession is a sacrament of the Church.

We say what we have done wrong to the priest.

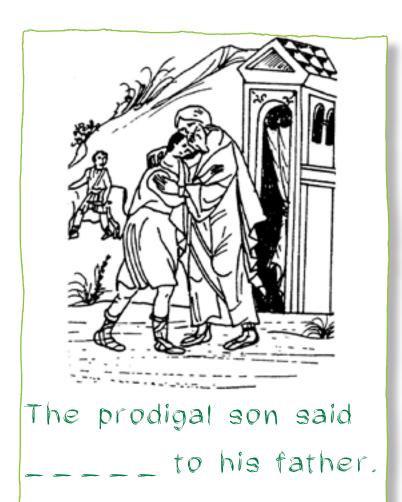
We say 'sorry' to God and God forgives us.

а	†	С	k	С	η	Р	Р
0	I	h	f	d	J	r	S
W	е	u	r	†	У	i	i
f	0	r	9	i	٧	е	S
0	р	С	а	S	d	S	f
Z	С	h	×	b	m	†	٧

Find the words; church, priest, forgives



Ήταν ένα παιδί που έφυγε μακριά από τον πατέρα του, όπου έζησε πολύ άσχημη ζωή. Κατάλαβε το λάθος του, γύρισε πίσω και ζήτησε συγνώμη (Λουκ. 15, 11-32).





Complete the sentences with the word; Sorry



At school you learn to read and write. You learn about the world and many important things.

Do not forget to learn about the most important of all, GOD.

Where?

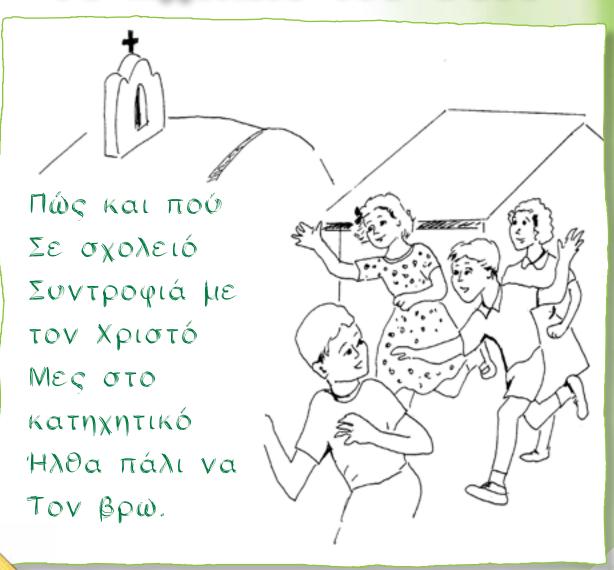
When?

What place?

Trace the words to answer.







How many children are in the picture? \_\_\_\_\_ Find and bring 3 more children with you to Sunday School.



# Mary a Secret

Gabriel, the
Archangel said
to the Most
Holy Virgin
Mary, "You will
give birth to
Jesus, the Son
of God."

Mary was amazed and scared but she said, "Let it be as God has said" (Luke 1:26-37).



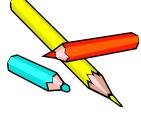
Colour in the icon.





Ο Αρχάγγελος Γαβριήλ είπε στην Παρθένο Μαρία: «Είσαι η πιό ευλογημένη ανάμεσα σ' όλες τις γυναίκες. Θα γεννήσεις τον Υιό του Θεού» (Λουκ. 1, 26-37).

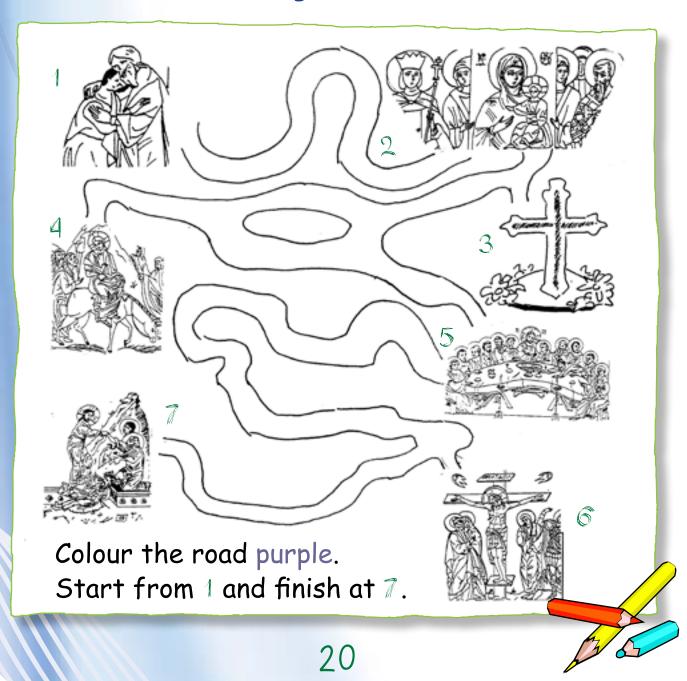




Colour in the spaces marked with an asterix\* to read what is hidden.



The Journey to Easter.
We remember God's great love for us.





Η Εκκλησία μάς καλεί να νηστέψουμε, όσο μπορούμε, για 40 μέρες πριν το Πάσχα.

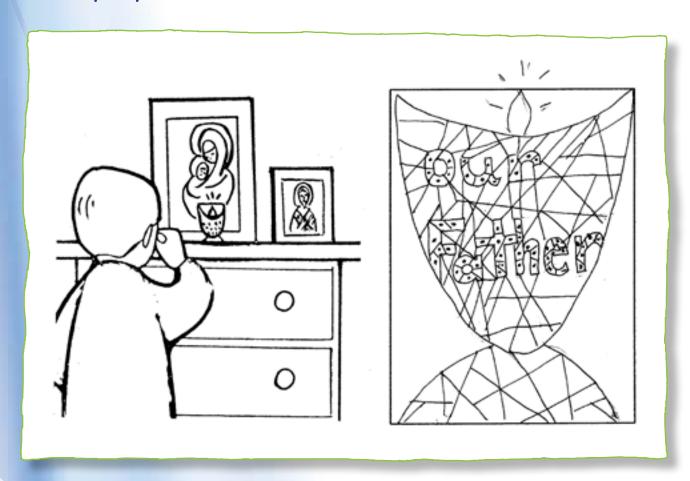


Fill in the blanks with the letter 'a'.

The first day of Great Lent is called Gle\_n Mond\_y.



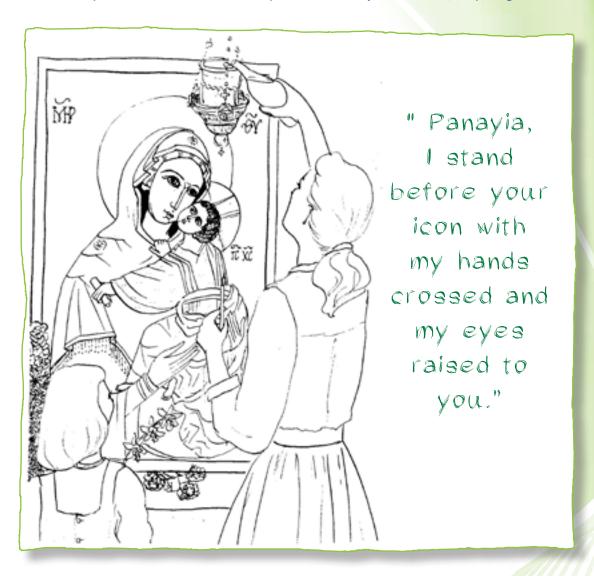
We stand in front of our holy icons in our home. Sometimes we pray as a family and sometimes we pray alone.



Colour the spaces marked with dots to read the beginning of a prayer.



Ανάβουμε το καντήλι μπροστά στα άγια εικονίσματα και κάνουμε την προσευχή μας.



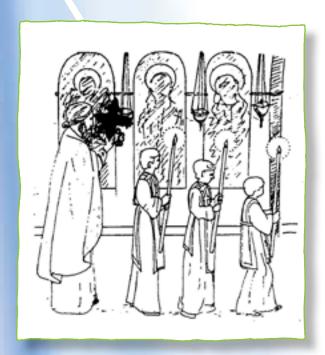
Colour in the icon and read the prayer.



We remember the Holy Cross of our Lord Jesus Christ.

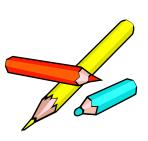
In church our priest will lift the Holy Cross which has been decorated with flowers.

Then he will carry it around the church and the faithful will venerate it respectfully.





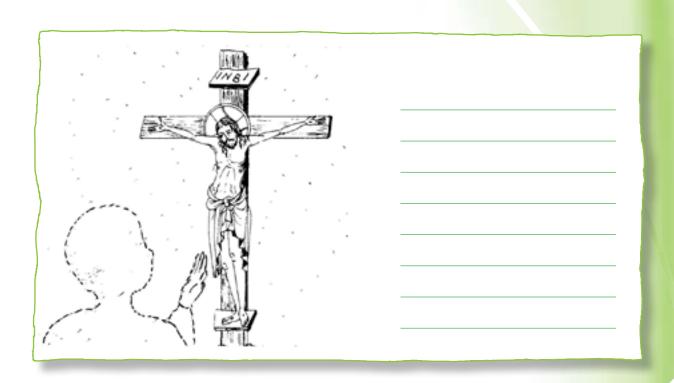
Draw flowers around the Holy Cross.





Η γιορτή αυτή μας θυμίζει την θυσία του Χριστού πάνω στο Σταυρό.

Προσκυνούμε τον Τίμιο Σταυρό και παίρνουμε ευλογία και δύναμη από τον Χριστό.



"I do my cross and ask in my prayer that the cross always be my protector."

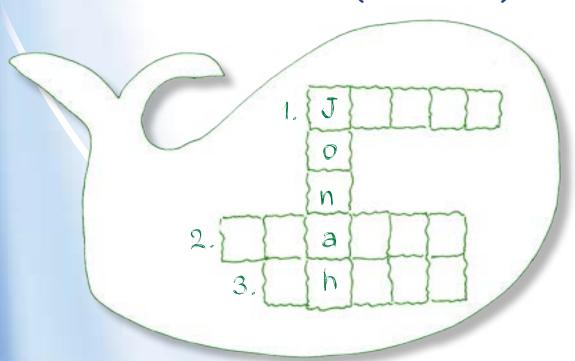
Write your own prayer to Christ.





Prophet Jonah was in the whale's belly for three days and three nights.

Jonah prayed to God and God told the whale to cast him out on the beach (Jonah 2:10).



- 1.\_\_\_\_ was also buried for 3 days and 3 nights.
- 2. When Jonah was in the whale's belly he \_\_\_\_\_ to God.
- 3. God told the big \_\_\_\_\_ to throw Jonah out.

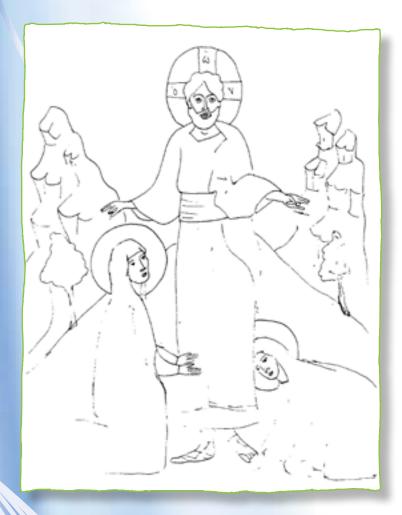


Ο Θεός είπε στον Προφήτη Ιωνά, «Σήκω και πήγαινε στην πόλη Νινευή να τους πεις να μετανοήσουν αν δεν θέλουν να καταστραφούν». Ο Ιωνάς δεν άκουσε τον Θεό και προσπάθησε να φύγει με ένα πλοίο. Έπεσε στην Θάλασσα και τον κατάπιε ένα μεγάλο ψάρι (Ιωνά 1, 17).





When our Lord Jesus rose from the dead what were His first words to the women? (See: John 20:15-18)



Rejoice
and do
not be
airaid!

Trace the letters above to find out.



Είναι το πιο μεγάλο θαύμα που γνώρισε ο κόσμος. Ο Χριστός μας, με την Ανάστασή Του, νίκησε το θάνατο και μια νέα ζωή, γεμάτη αγάπη, προβάλλει τώρα μπροστά μας.



Colour in the picture.

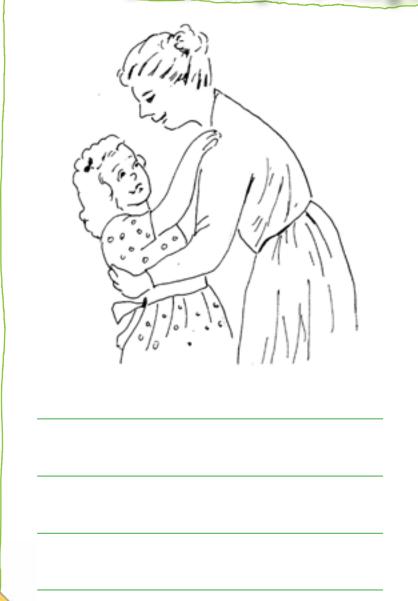


When we listen to her stories we learn a lot about life.



Draw flowers, or the present you want to give your grandmother.

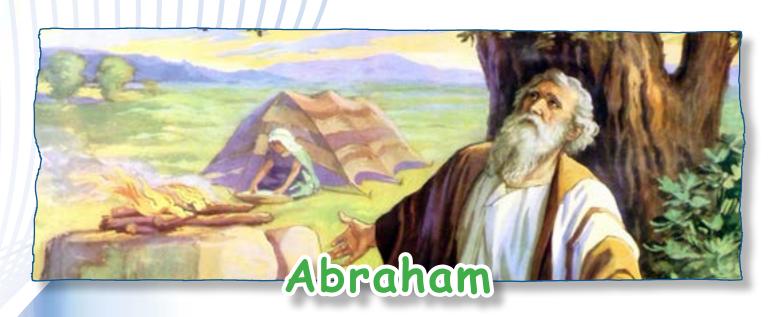




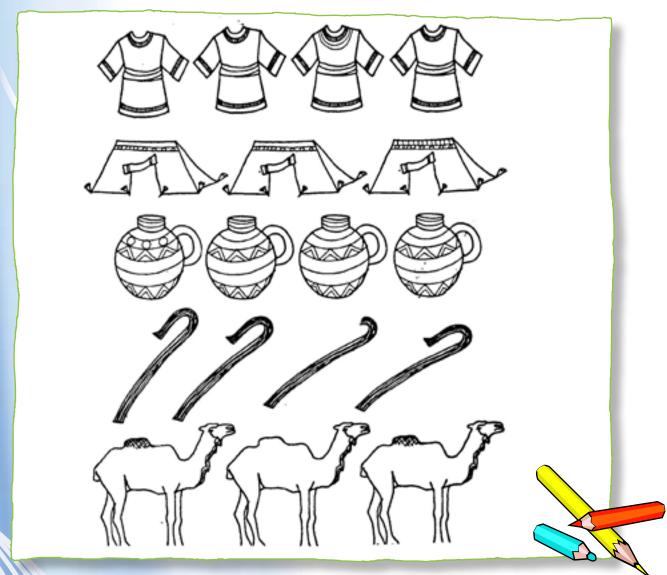
«Η χρυσή γιαγιά μου με τα κάτασπρα μαλλιά, που μου λέει παραμύθια και πολύ με αγαπά.

Θεέ μου δώσε νά 'χει υγεία, νά 'ναι πάντα ευτυχισμένη και να ζει χρόνια πολλά».

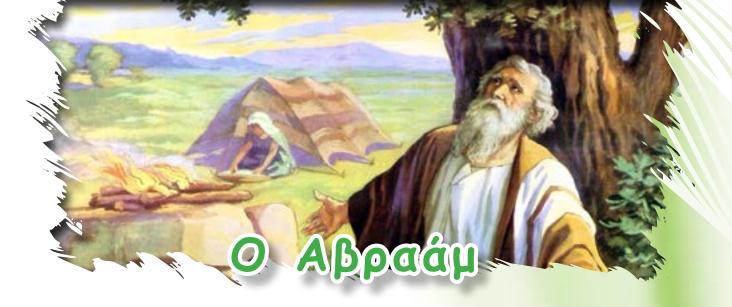
Describe your grandmother.



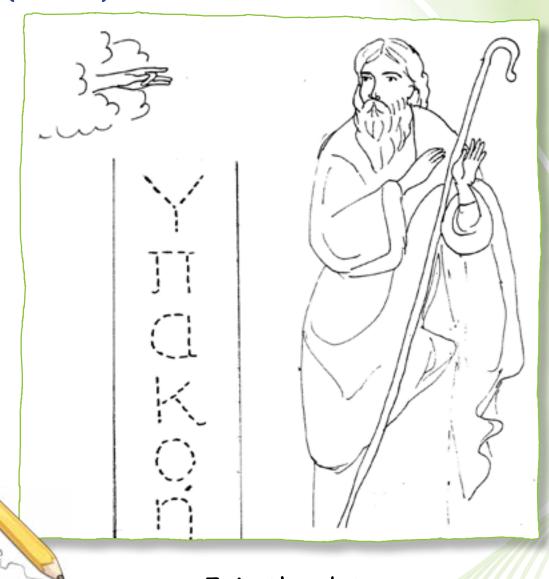
God blessed Abraham. He protected him and showed him where to live (Gen. 12).



In each row, circle the picture that is different.

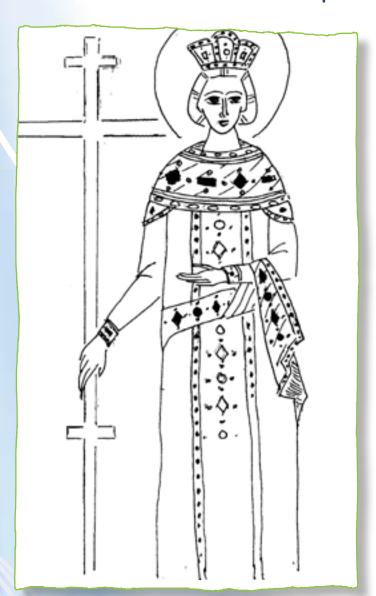


Ο Αβραάμ άκουγε πάντα με χαρά τη φωνή του Θεού και πολύ πρόθυμα έκανε το Θέλημά Του (Γεν. 12).



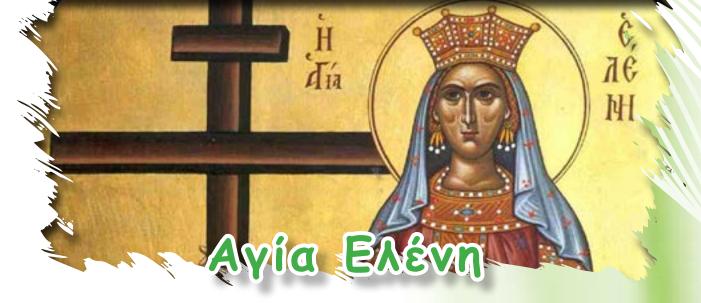


Saint Helen was the mother of a King. His name was Constantine. He made new laws to help the Christians.

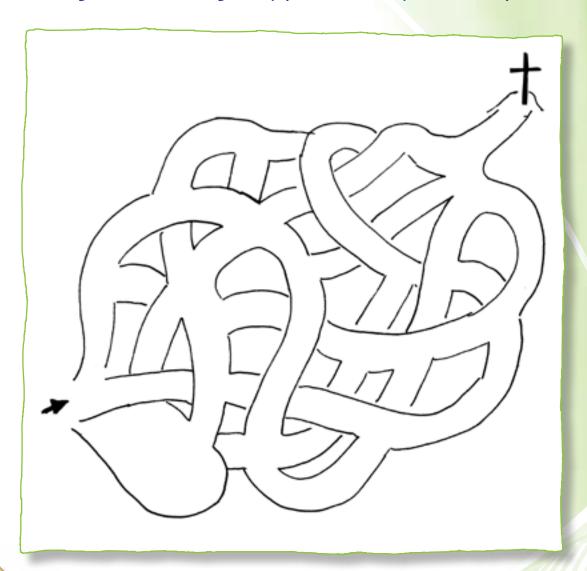


Complete
the
pattern
on the
gown of
Saint Helen.

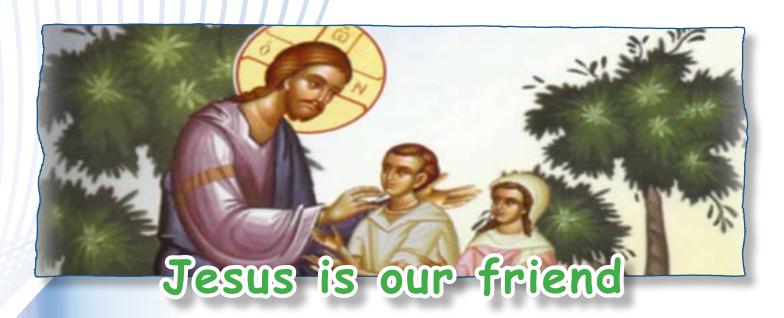


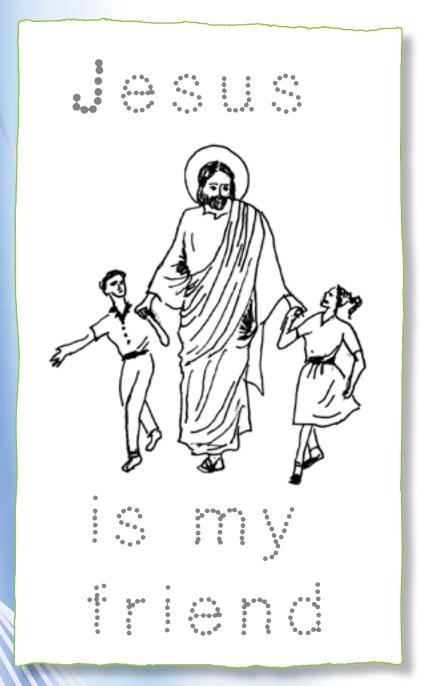


Ήταν βασίλισσα και άγια μητέρα. Έκανε πολλές θυσίες και αγώνες να βρεί τον Τίμιο Σταυρό.



Help Saint Helen find the Holy Cross.





Jesus is the friend of children.

Jesus is the friend of mothers and fathers too.

He listens when they tell Him about their children.

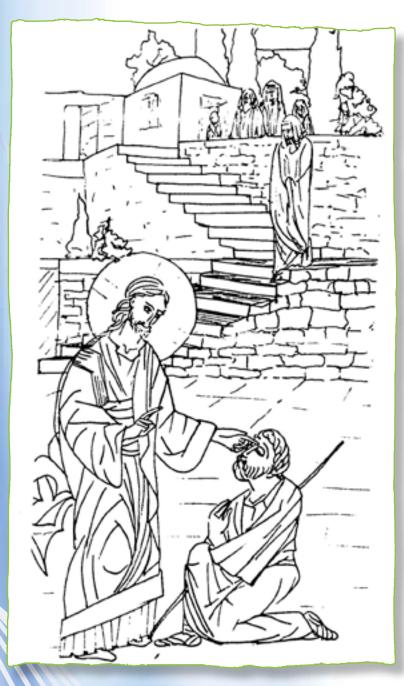
Trace the letters.





Help the children find Christ.





Once there
was a man who
was born blind.
Jesus made clay
and put it on the
eyes of the blind
man.

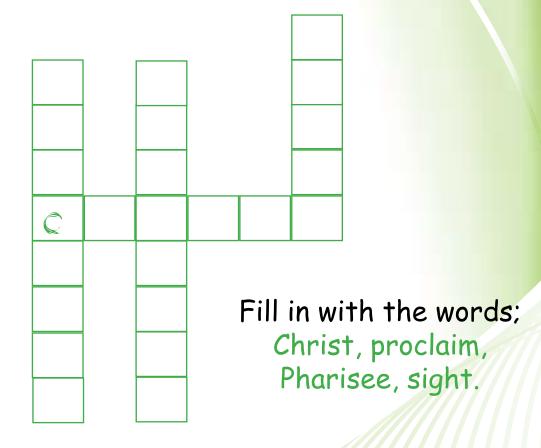
Then He said to the blind man, "Go wash in the pool of Siloam" (John 9:7).

So he went and washed and came back seeing.



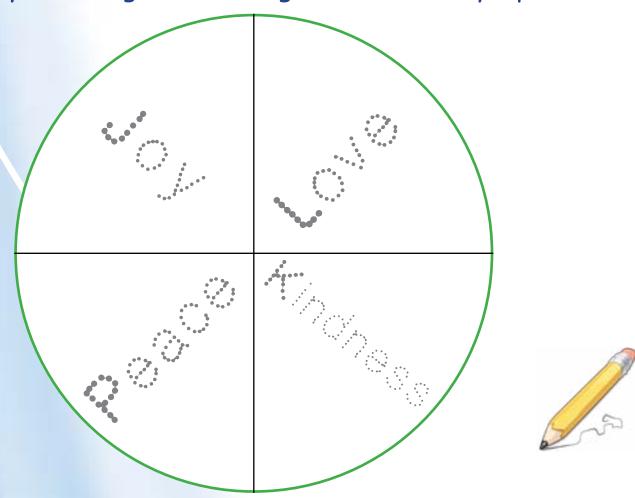
Ο Χριστός έδωσε μάτια σ' έναν τυφλό. Οι Φαρισαίοι θυμώνουν και κατηγορούν τον Χριστό.

Ο τυφλός τους δίνει τολμηρές απαντήσεις και τον διώχνουν. Εκείνος όμως διακήρυξε πως ο Χριστός, που του χάρισε το φως του, είναι ο Μεσσίας, ο Υιός του Θεού (Ιωαν. 9:1-12).





When we are baptised we receive Holy Chrism. Holy Chrism gives us the gifts of the Holy Spirit.



Trace the letters to find out some of the gifts of the Holy Spirit. Then colour each one in a different colour.



Ο Ιερέας μυρώνει το μωρό, όταν το Βαπτίζει. Κάνει το σημείο του Σταυρού με το Άγιο Μύρο στο μέτωπό του, στο στήθος του, στα χεράκια του, και στα ποδαράκια του. Έτσι του χαρίζει τα δώρα του Αγίου Πνεύματος.



Write the words clearly to learn what the priest says.



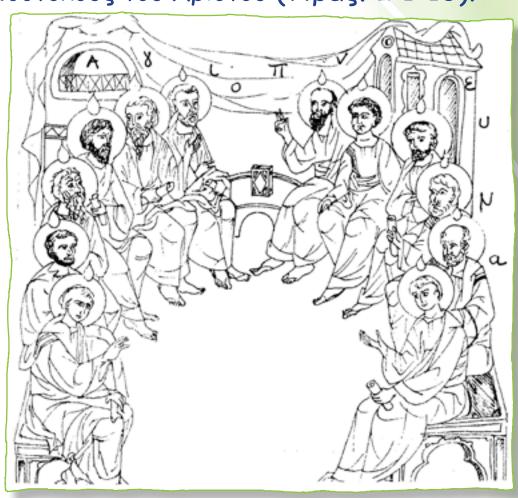
The Holy Spirit creates in our hearts the love for God and other people. It gives us every good thing (Acts 2:1-13).



Complete the puzzle.



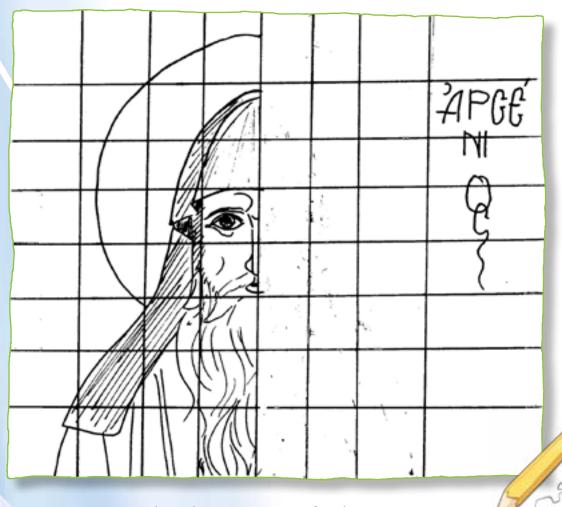
Είναι η μέρα των γενεθλίων της Εκκλησίας. Ήλθε το Άγιο Πνεύμα και φώτισε τους Αποστόλους του Χριστού (Πράξ. 2:1-13).



Find 10 letters in the icon.
Write two words with those letters.



On this feast day we remember all the Saints of our Church.
The saints showed us that we can live as our Lord Jesus taught us.





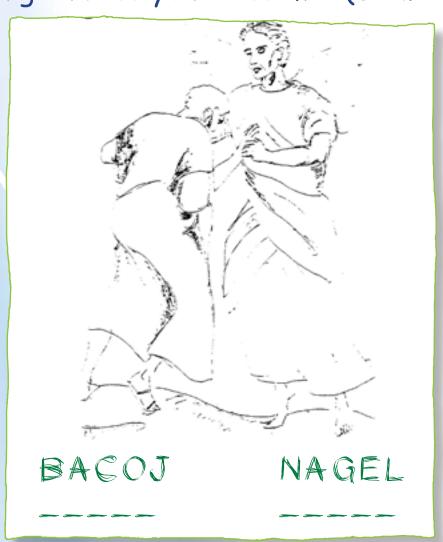
### Όλοι οι Άγιοι



«Άγιοι Πάντες, σας παρακαλώ, το ταπεινό, μικρό παιδί εγώ, νά 'στε μεσίτες για του κόσμου τα παιδιά, το δρόμο του Θεού ν' ακολουθούν πιστά».



Jacob wrestled with an angel all night. Then Jacob said to the angel, "I will not let you go unless you bless me" (Gen. 32:26).





Unjumble the letters to write the words correctly.

46



Βλέπει στον ύπνο του μια σκάλα που άρχιζε από τη γη και έφτανε στον ουρανό (Γεν. 28, 12).

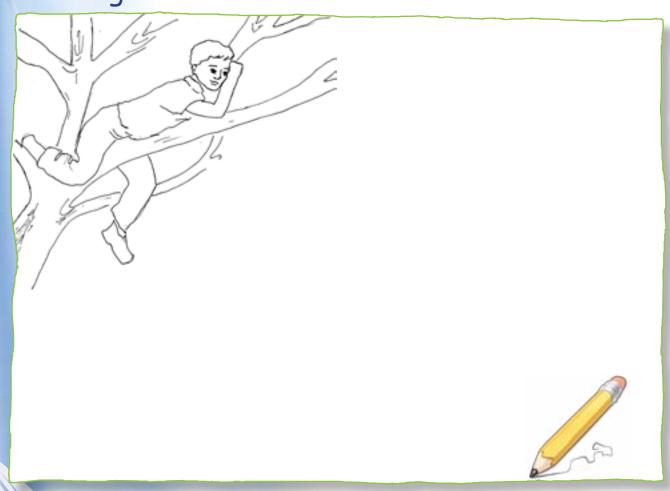


Colour in the icon.



God watches over and cares for all the things He has made.

We cannot see God, but everywhere we go He is there.



Finish the picture by drawing trees, flowers, people and animals.





Through Holy Communion we partake the Body and Blood of our Lord Jesus Christ.

a Wrepskh qo
a uxltdbpwrd
ezpyanrsehf
poaru Hvojlb
yx Ctodmpmg
uanrinotn.

Circle every second letter to work out the message.



Κοινώνησα, Χριστέ μου, πολύ Σ' ευχαριστώ. Αξίωσέ με γρήγορα να ξανακοινωνήσω.



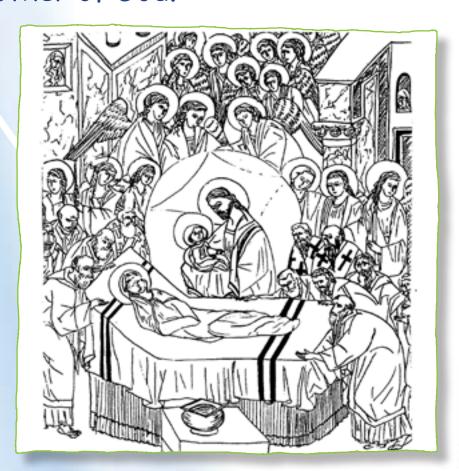
Join the dots 1-15.

u\* 10 51



## of the Mother of God

On the 15<sup>th</sup> of August we remember the Falling Asleep of Panagia, the Mother of God.





How many angels can you see in the picture above?

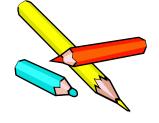


Στις 15 Αυγούστου γιορτάζουμε την Κοίμηση της Παναγίας μας.

Τον Δεκαπενταύγουστο πηγαίνουμε κάθε μέρα στην εκκλησία για να προσευχηθούμε.



"Oh Mother
please take
our secrets,
our hopes,
our wishes to
the stairs of
heaven."



Draw flowers around the icon of Panagia.

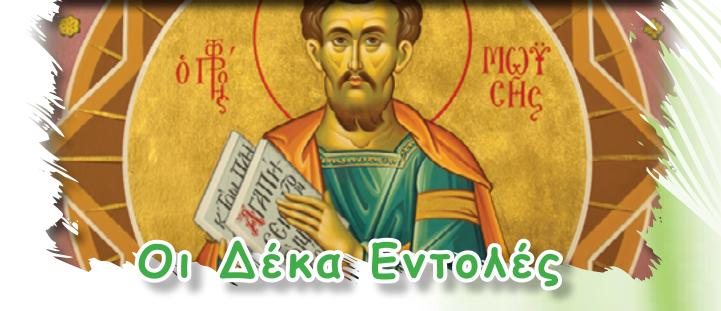


The best way to live is to love God with all our heart and to follow His commandments (Exodus 20:2-17).

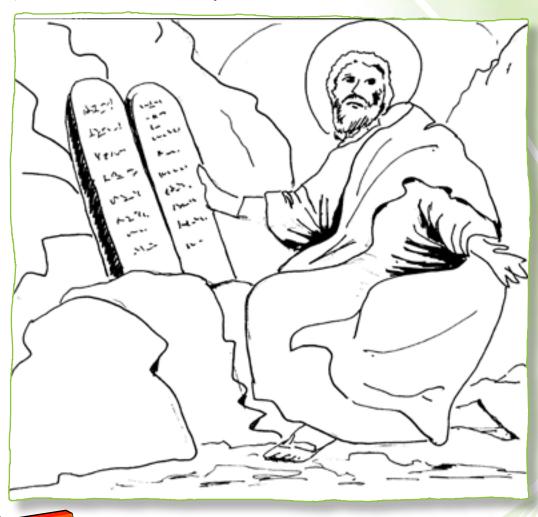
1.	6.
2.	
3.	8.
4.	9.
5.	10.

Write as many of the commandments as you can remember.





Ο Μωυσής ανέβηκε στην κορυφή του βουνού κι εκεί ο Θεός τού έδωσε τις Δέκα Εντολές (Έξοδος 20:2-17).



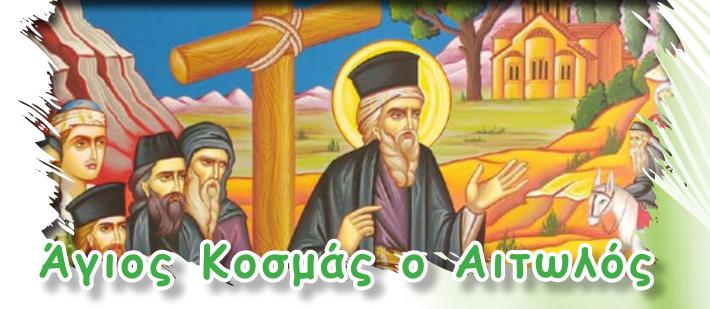
Colour in the icon.





Saint Kosmas travelled through Greece during the hard times when Greece was occupied by Turkey. He said to the people, "Do not forget God. Do not forget the Greek language."

Colour in the icon of Saint Kosmas.



Ήταν μεγάλος απόστολος στα δύσκολα χρόνια της τουρκοκρατίας.





Join the dashes to learn what the saint built wherever he went.



God has given to each of us some special gifts. Make good use of your gifts.

Do not waste your gifts by wasting your time.

Do not waste your time by watching

too much T.V.

In the box draw or write about something that your friend is good at.

# Τόσα πολλά χαρίσματα!

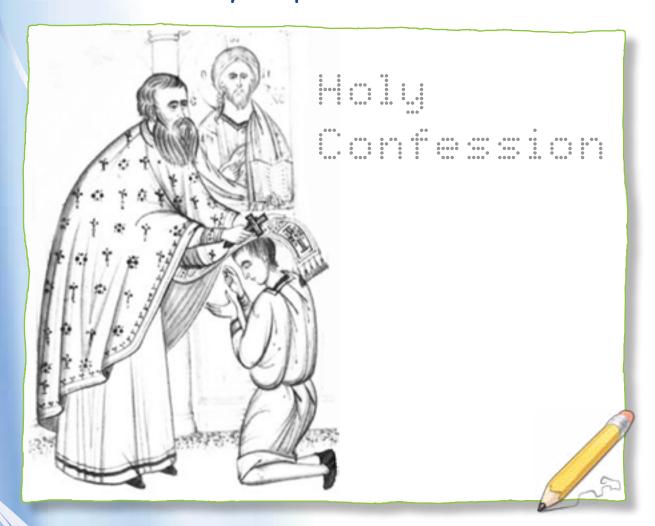
Ο Σταμάτης παίζει πιάνο. Όλοι θαυμάζουν τον Σταμάτη. Ο Σταμάτης θαυμάζει τον Αλέκο, που τρέχει γρήγορα. Ο Αλέκος καμαρώνει τη Στέλλα, που ζωγραφίζει ωραία. Η Στέλλα θαυμάζει την Αγνή, που έχει μια χρυσή καρδιά.

Τα παιδιά χαίρονται τα χαρίσματα των άλλων και τα δικά τους. Είναι όλα δώρα του Θεού και τα μοιράζονται μεταξύ τους.





The priests in our Church are our spiritual fathers. They guide us to God and they help us.



Join the dots.





«Τα μυστήρια κρατάει, αγιάζει, λειτουργεί, με το κήρυγμα φωτίζει, ξεκουράζει την ψυχή.

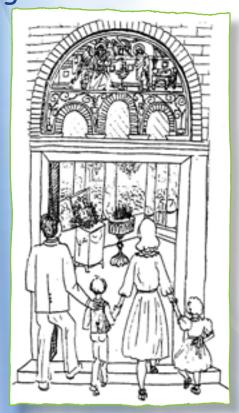


Τ' ουρανού όλα τα δώρα πλούσια χάρισε, Χριστέ μας, στον καλό μας τον παπά».

Colour in the pictures.



God hears our prayers. We thank God for the gift of life and all the blessings He has given us.



In C\_\_\_\_.

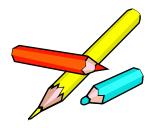


In our room, by ours\_\_\_\_



At home with our f\_\_\_

Where can we pray? Complete the phrase under each picture.





Με την προσευχή λέμε ευχαριστώ στο Θεό για το μεγάλο δώρο της ζωής, και για όλες τις ευλογίες που μας έχει χαρίσει.



#### Ύμνος

«Σε υμνούμεν, Σε ευλογούμεν, Σοι ευχάριστουμεν Κύριε, και δεόμεθά Σου, ο Θεός ημών».

#### Hymn

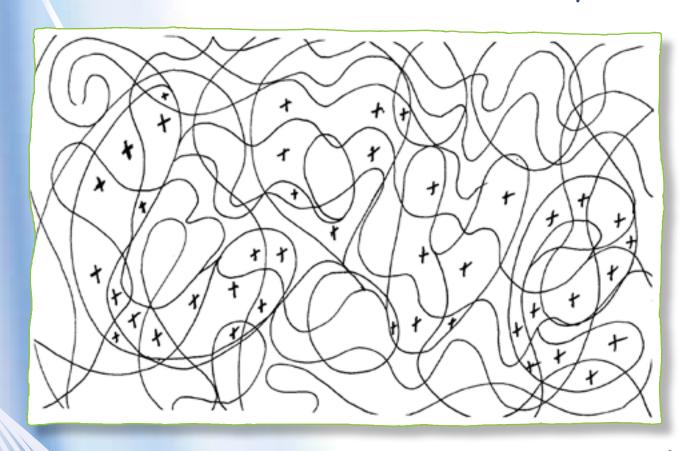
"We praise you, we bless you, we give thanks to you, Lord, and we entreat you, our God."

Learn to chant the hymn.



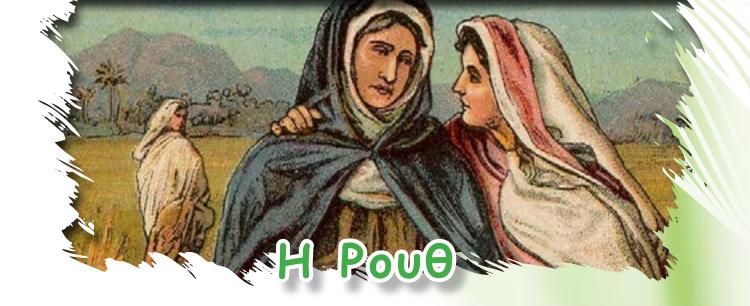
Boaz admired the beautiful young Ruth because she gave up her idol worship to serve the true God.

Also because she left her homeland to help her mother-in-law who was old and lonely.



Colour the spaces marked with + to find the word that describes Ruth.

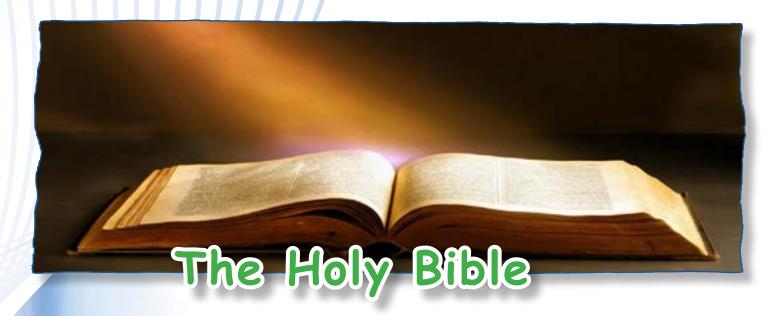




Η Ρουθ πίστεψε στον αληθινό Θεό και ήταν αφοσιωμένη στην οικογένειά της.



Help them find the house.



Dear God,

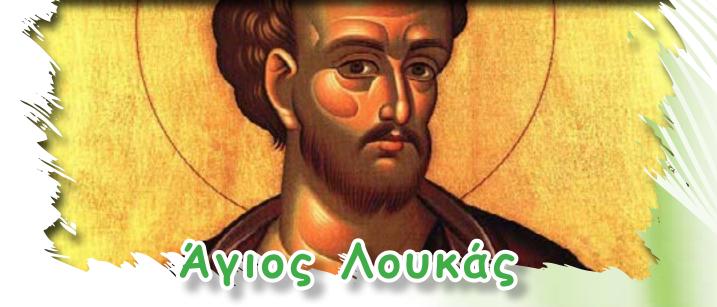
Thank you for the wonderful stories in the Holy Bible.

They teach me the truth about You and how to live my life.

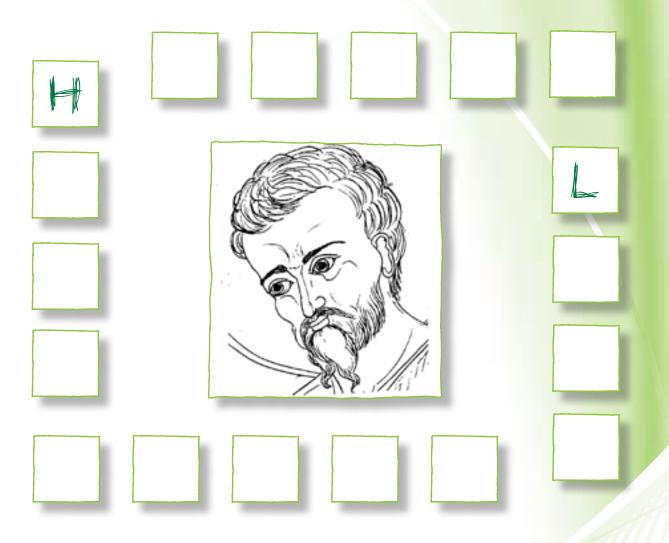




Trace the names of those who wrote the Holy Bible.



Ο Άγιος Λουκάς έγραψε για την ζωή του Χριστού και ζωγράφισε την εικόνα της Παναγίας μας.



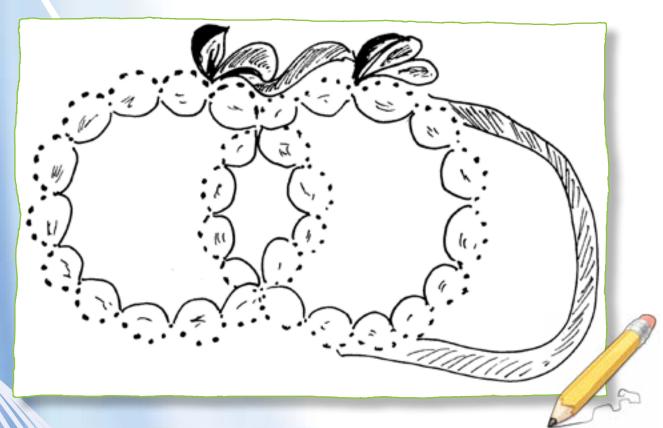
Fill in the words; Holy Bible and Saint Luke





When a man and woman marry, the Church asks God to bless them with;

- ♦ children
- peace, harmony, unity
- to be one, sharing joys and sorrows.

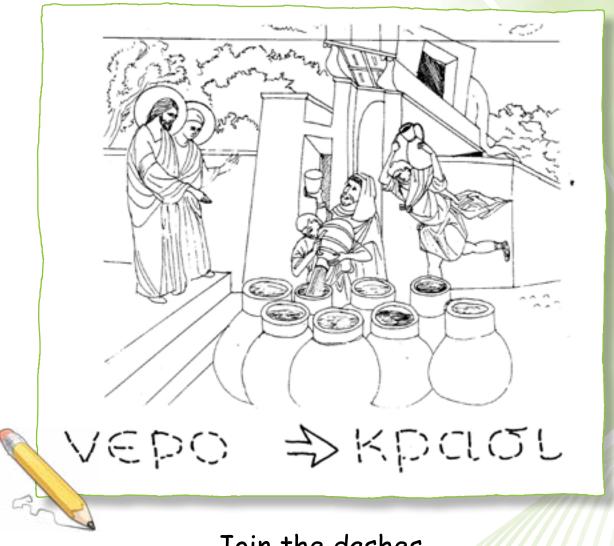


Join the dots and find out what it is.



Ο Χριστός έκανε το πρώτο Του θαύμα στο γάμο της Κανά. Μετέτρεψε το νερό σε κρασί, για να χαρούν οι καλεσμένοι.

Ο Θεός ευλόγησε το γάμο (Ιωαν. 2, 1-11).

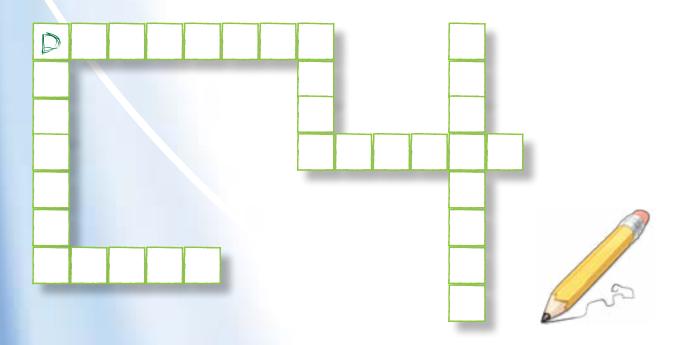


Join the dashes.



Saint Kosmas and Saint Damianos were good Christian doctors who loved Christ and the people. They helped many people and did not accept money.

They did many miracles. People who are sick pray to them for help.

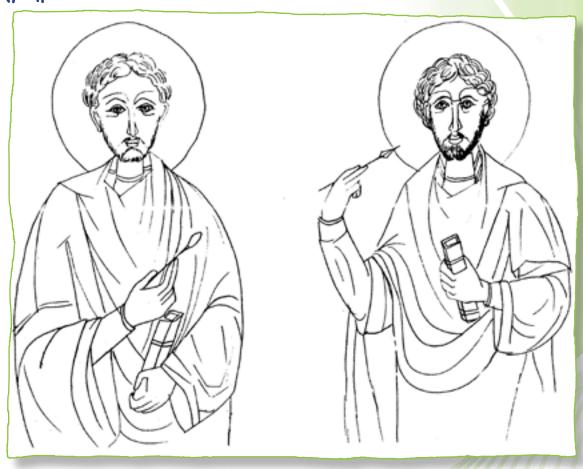


Put the following words in the puzzle above, Kosmas, sick, doctors, miracles, saint, Damianos.



Οι Θαυματουργοί Γιατροί.

Ήταν αδέλφια και ήταν έξυπνοι και εργατικοί, γι' αυτό και έμαθαν πολλά γράμματα. Ήταν πιστοί Χριστιανοί. Αγαπούσαν πολύ τον Χριστό και τους ανθρώπους. Όταν έγιναν γιατροί, βοηθούσαν και έκαναν καλά τους αρρώστους χωρίς να παίρνουν χρήματα.



Colour in the icon.



On the 8th of November we honour all of God's angels.

Most of all, we remember the archangels Michael and Gabriel.



What did the angel Michael do?

What did the angel Gabriel do?

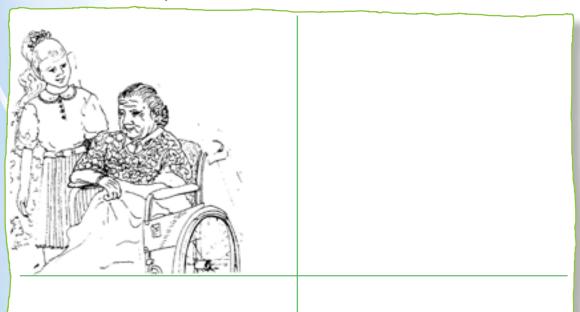




"Oh my guardian angel thank you for being so close to me".



One of the Lord's most beautiful parables is the Good Samaritan. The Good Samaritan showed love to his enemy. We too must show love to all people (Luke 10:25-37).



Draw in the boxes different ways we can help others.



Ο Χριστός είπε μια ιστορία για έναν καλό Σαμαρείτη, που έδειξε αγάπη σ' έναν εχθρό του, όταν τον συνάντησε χτυπημένο και πληγωμένο (Λουκ. 10:25-37).





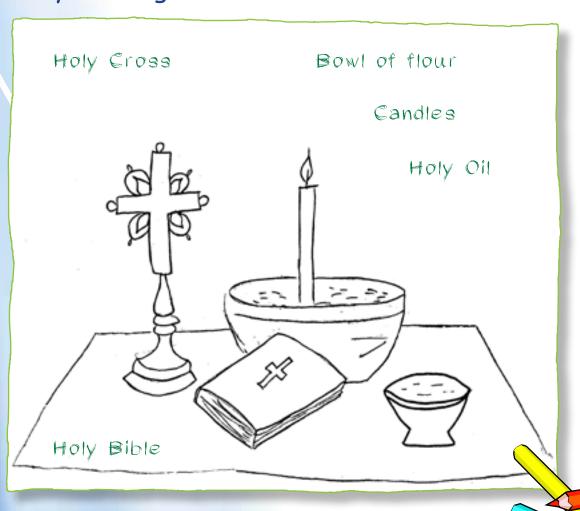
Draw the donkey in the circle.



Στο τέλος της ιστορίας ο Χριστός είπε να κάνουμε στη ζωή μας ό,τι έκαμε ο Καλός Σαμαρείτης. Να δείχνουμε δηλαδή, καλοσύνη και αγάπη σε όλους.



If we are sick we call on our priest to conduct for us the service of Holy Unction. After the service the priest anoints us with Holy Oil to get well.



Draw 7 candles in the bowl of flour. Label the picture.



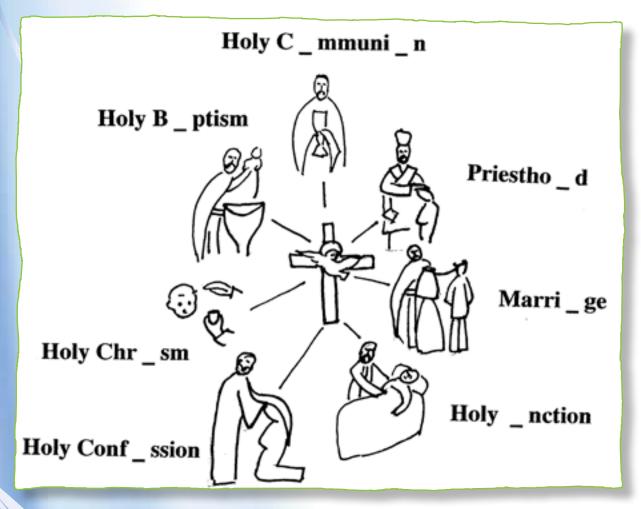
Όταν είμαστε άρρωστοι και χρειαζόμαστε βοήθεια, μπορούμε να ζητήσουμε τον Ιερέα μας να τελέσει για μας το μυστήριο του Ιερού Ευχελαίου.



Colour in the picture.



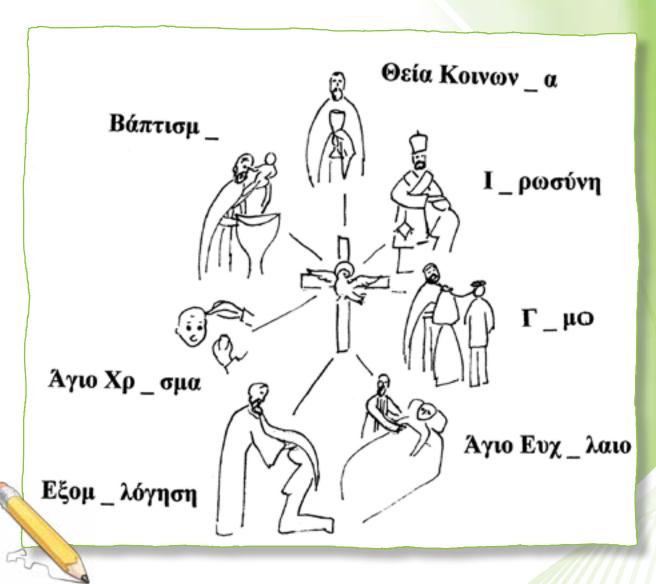
With each Sacrament (Mystery) the Holy Spirit enters our lives. The Holy Spirit brings us closer to God.



Complete the name of each sacrament by using one of the following letters: a, e, i, o, u



Ευχαριστώ το Θεό, που ζω μέσα στην Ορθόδοξη Εκκλησία και που έχουμε τα Ιερά Μυστήρια, που μας χαρίζουν τη χάρη και την ευλογία Του.



Complete the name of each sacrament by using one of the following letters  $a, \epsilon, \iota, n, o, \upsilon$ .



## was born

There was great joy in heaven and on earth. The angels were happy and the shepherds, the wise men and even the animals.

Most of all Panagia was happy (Luke 2:1-20).





# ο Χριστός

#### χάρηκαν rejoiced

Or Appedor Angels

Or Bookoí Shepherds

Or Máyor Wise Men

O Oupavós Heaven

H rn Earth

Ta Zwa The animals







#### πρόσφεραν offered

Tov ύμνο «Δόξα εν υψίστοις Θεώ» The hymn 'Glory to God in the Highest'

Γάλα από τα πρόβατά τους Milk from their sheep

Ppaía ∆úpa
Nice gifts

Eva μεγάλο αστέρι A big star

Tη σπηλιά The cave

Το παχνί τους και τη ζεστή ανάσα τους.

The manger and their warm breathing.